

Family Media/Cell Phone Agreement

1. As a family we will designate “screen free zones” such as in the kitchen or bedroom etc. Specify your family’s “screen free zones” here: _____
2. As a family we will designate “screen free times” such as while driving, while at school, while walking across the street, one hour before bed or meal times etc. Specify your family’s “screen free times” here: _____
3. We will set a device curfew for _____(time) and the device(s) will be left to charge overnight in _____(location).
4. I will show good media manners by not looking at my screen or texting while talking with someone.
5. Devices will not be brought to the table or used during mealtimes.
6. I will not send or receive naked photos. I understand there may be very serious legal consequences that can put my future at-risk.
7. I will not text and drive. I understand that this is very dangerous.
8. I will NEVER use my phone or social media to tease or bully anyone.
9. I promise I will let my parents know if I receive threatening, suspicious or alarming text messages from someone via my cell phone.
10. I will tell my parents if I am being cyber bullied or if I see someone else being the victim of cyberbullying.

I understand that having a cell phone is a privilege and not a right. Failure to adhere to the above contract may result in a loss of my phone or social media privileges.

Child/Teen Signature

Parent/Guardian Signature